

First Aid at Work (HSE approved course)



Maximum delegates 12

This course covers the practical skills needed by a first aider in the modern workplace. The course will give you the confidence and knowledge to deal with first aid emergencies.

Who should attend?

Nominated workplace first aiders, or anyone wanting a comprehensive introduction to first aid.

What you will learn

The course will give you the knowledge and confidence to deal with a first aid emergency in the workplace

Course Content

- Accident and illness
- Using a first aid kit
- Simple record keeping
- Treatment of an unconscious casualty
- Heart attacks
- Resuscitation
- Shock
- Choking
- Bleeding
- Burns & scalds
- Poisoning
- Fractures
- Seizures
- Asthma
- Severe allergic reaction
- Eye injuries
- Low blood sugar
- Fainting

This course is legally compliant with the current Health & Safety (first aid) Regulations 1981. Upon successful completion of this three day course, first aiders receive certification to allow them to practice for three years after which a re-qualification course becomes necessary. It is strongly recommended that you update your skills by taking an annual refresher

Course duration

Three days. The course is usually offered as three consecutive days, however, we also offer it as a split course over several weeks at some centres.

Assessment & Certification

After completing a final assessment successful candidates will receive an **HSE Approved Certificate** Valid for three years



Website:
pbtrainingservices.co.uk

Email:
lathampbt@aol.com

Telephone:
01384 826438

Telephone:
07815 596760