

Confined Spaces Course

Continued Space Entry Procedures with Escape Sets
1 day course
maximum of delegates 10



Course Aim

To provide delegates with a thorough understanding of the dangers of confined spaces and to enable delegates to enter and leave confined spaces including vertical shafts.

Course Duration 3 days

Who will benefit

Managers, Supervisors, Engineers and Operatives.

No of Delegates 10 maximum
Lectures, video, overhead projection demonstrations and practical exercises, handouts & written assessments

Course Content

- Current Legislation
- Recognition of confined spaces
- Dangers associated with these areas including video film.
- Human respiratory system
- Use of gas detection equipment in hazardous atmospheres
- Use of personnel protective equipment i.e. Ropes, harnesses and man riding hoists
- Use of escape breathing apparatus
- Different types of full working breathing apparatus and ancillary equipment
- Pre-entry checks on equipment safe systems of work for entry into confined spaces
- Methods of communication
- Manning levels
- Emergency procedures
- Practical exercise and wearing Sessions, including

Suggested Follow up Courses

The use of full working breathing apparatus.

Basic Emergency First Aid CPR & Oxygen Resuscitation techniques
The use of Airline Breathing Apparatus

- 1/ Practical use of escape breathing apparatus
- 2/ Vertical entry and egress using a tripod and winch

- Diseases and personnel hygiene associated with confined spaces
- Awareness of resuscitation
- Awareness of the need for periodic examination of equipment
- Course assessment (theory and practical)

All delegates who successfully complete the course in full, will be awarded the:

P B TRAINING CERTIFICATE
or
NPORS CERTIFICATE

for
1 Day Confined Spaces Course



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