

Confined Spaces Course

Continued Space Entry Procedures with Escape Sets
3 day course
maximum of delegates 10



Course Aim

To provide delegates with a thorough understanding of the dangers of confined spaces and to enable delegates to enter and leave confined spaces including vertical shafts using escape sets and full working breathing apparatus. To train delegates in rescue techniques using breathing apparatus.

Course Duration 3 days

Who will benefit

Managers, Supervisors, Engineers and Operatives.

No of Delegates 10 maximum
Training Methods Lectures, video, overhead projection demonstrations and practical exercises, handouts & written assessments

Course Content

- Current Legislation
- Recognition of confined spaces
- Dangers associated with these areas including video
- Human respiratory system
- Appreciation of the different types of atmosphere
- Use of gas detection equipment in hazardous atmospheres
- Use of personnel protective equipment i.e. Ropes, harnesses and man riding hoists
- Use of escape breathing apparatus
- Different types of full working breathing apparatus and ancillary equipment
- Pre-entry checks on equipment
- Safe systems of work for entry into confined spaces
- Methods of communication
- Manning levels
- Emergency procedures and rescue techniques
- Practical exercise

Suggested Follow up Courses

Basic Emergency First Aid CPR & Oxygen Resuscitation techniques
The use of Airline Breathing Apparatus



- 1/ Practical use of escape breathing apparatus
- 2/ Vertical entry and egress using a tripod and winch

- Diseases and personnel hygiene associated with confined spaces
- Awareness of resuscitation
- Awareness of the need for periodic examination of equipment
- Course assessment (theory and practical)

All delegates who successfully complete the course in full, will be awarded the:

P B TRAINING CERTIFICATE
or
NPORS CERTIFICATE
for
3 Day Confined Spaces Course



Accredited Training Provider

Website:
pbtrainingservices.co.uk

Email:
lathampbt@aol.com

Telephone:
01384 826438

Telephone:
07815 596760